

Promoting Partnerships in FALL Prevention: Research into Practice



**KAPI'OLANI
COMMUNITY COLLEGE**
University of Hawai'i

Fall Prevention Conference
Kapi'olani Community College
Non-Credit Registration, 'Ilima 106
4303 Diamond Head Road
Honolulu, HI 96816

Department of Health
Injury Prevention Program
Kapi'olani Community College
and
HMSA

present

Promoting Partnerships in FALL Prevention: Research into Practice

August 10, 2004

Kapi'olani Community College



Co-sponsored by:
Child and Family Services – Gerontology Program
Developmental Disabilities Division – DOH
Elderly Affairs Division – City & County of Honolulu
EMS Division – City & County of Honolulu
Hawai'i Island Adult Care, Inc.
Mō'ili'ili Community Center – Elder Care Services
Project DANA



MARY TINETTI, MD

Professor of Medicine and Epidemiology and Public Health, and Director of the Program on Aging/Pepper Center, Yale University School of Medicine

Dr. Tinetti is a leading expert in the area of falls and fall injury risk factors identification and prevention. Through a series of epidemiologic and intervention studies, she was one of the first investigators to identify that older persons at risk for failing and injury could be identified, that falls and injuries were associated with a range of serious adverse outcomes including nursing home placement and functional decline, and that multifactorial risk reduction strategies were effective and cost-effective at reducing the rate of falling. These studies helped

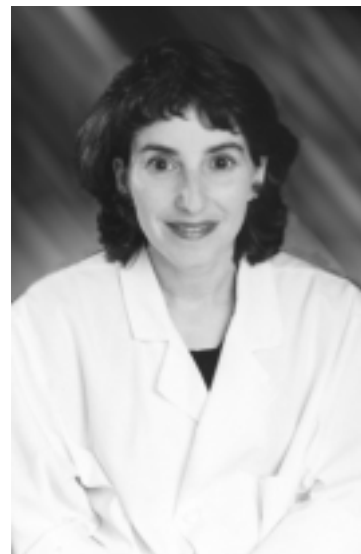
convince other investigators that many of the hitherto relatively neglected health problems of older persons such as incontinence, delirium, and driving problems, could be addressed with rigorous scientific research methods. She has also investigated and published extensively on functional disability dizziness, and mobility. Through her own studies and through the development of rigorous methodologies for addressing geriatric health problems, Dr. Tinetti has helped to develop the field of geriatric clinical epidemiology. Since joining the faculty at Yale in 1984, Dr. Tinetti has been funded by the NIA and several foundations. She has over 90 original peer reviewed publications as well as several reviews and book chapters. She is an editor for the fifth edition of Principles of Geriatric Medicine and Gerontology.

Over the past decade, Dr. Tinetti has created a productive multidisciplinary research program in geriatric medicine and clinical epidemiology at the Yale School of Medicine. Dr. Tinetti has mentored many successful geriatric clinical epidemiologists. She is a recent member of the board of directors of the American Geriatrics Society and serves on several national advisory committees including the Beeson Faculty Scholars in Aging Program, the RWJ Generalist Physician Faculty Award Program, and the Nonprescription Drug Advisory Committee of the Food and Drug Administration. She has received numerous awards including the Joseph T. Freeman Award from the Gerontological Society of America, the Irving Wright Award from the American Federation of Research, and the Greppi Prize from the Italian Gerontological and Geriatric Society.

SHARI L. KOGAN, MD

Medical Director of Geriatric Services and Progressive Care Unit – Queen’s Medical Center

Shari Kogan graduated from the State University of New York at Birmingham in 1982 and attended medical school at Mount Sinai School of Medicine in New York City from 1984-1988. She served her internship and residency at Overlook Hospital in Summit, New Jersey, and attended the John A. Burns School of Medicine at the University of Hawai’i from 1996-1998 on a Geriatric Medicine Fellowship. Dr. Kogan is certified with the American Board of Internal Medicine, with added qualifications in Geriatric Medicine. Her professional activities include the American Geriatric Society, the American College of Physicians, and the American Medical Association. In 1994, she was Honorably Discharged from the United States Air Force with the rank of Major. A practicing physician with the Queen’s Medical Center since 1999, Dr. Kogan serves as the Medical Director of Geriatric Services and the Medical Director of the Progressive Care Unit. Her other activities include hiking and serving as a Docent at the Contemporary Museum.



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AGENDA

- 8:30 to 9:00** **Registration/Continental Breakfast**
- 9:00 to 9:20** **Introductions – Eric Tash, MPH**
Welcome – Chiyome L. Fukino, MD, Director of Health
- 9:20 to 9:40** **Data Presentation - Dan Galanis, PhD**
- 9:40 to 10:30** **Keynote Introduction – Tanya Fusco Johnson, M.Div, PhD**
Mary Tinetti, MD – Translating Research into Practice–Fall Prevention
- 10:40 to 11:30** **Breakout Sessions**
 - A. Exercise for Fall Prevention, Level II – Molly Chang
 - B. Home Safety Monitoring - How Volunteers Help Seniors Prevent Falls – Tanya Fusco Johnson, MDiv, PhD
 - C. Don’t Hang on to Me – Lorinda Waltz
 - D. Nutrition Deficits Which Can Lead to Falls – Suzanna Valerie, APRN, MSN, PhP, GNP
 - E. What’s Good About Growing Old – Anthony Lenzer, PhD
 - F. After a Fall–Role of a Personal Response System to Assure Immediate Help – Cullen Hayashida, PhD
 - G. The Importance of Comprehensive Evaluation for People with Imbalance – Robert Kissenberger, MS, PT
- 11:40 to 1:15** **Lunch**
Introduction of Keynote Speaker
Shari Kogan, MD – Don’t Let Those Drugs Land You on Your Okole
- 1:15 to 1:30** **Information Exchange**
- 1:30 to 3:00** **Panel: Promoting Partnerships in Fall Prevention: Research to Practice – Dr. Tinetti, moderator**
 - Lorinda Waltz, Caregiver
 - Heidi Caglayan, PhD, Caregiver
 - Jim Pietsch, JD, Director, Hawai’i Elder Law Program, Univ. of HI
 - Maryellen Markley, PhD, Director, All Star Sports and Therapy Center
 - Max Vercruyssen, PhD, MPH, Gero-technologist, John A. Burns School of Medicine, Univ. of HI
 - Kathryn Braun, Dr.PH, Dept. of Public Sciences and Director, Center on Aging, Univ. of HI
- 3:15 to 4:00** **Breakout Sessions**
 - A. Don’t Fall for Anything – Rosa Ahrens, LMT
 - B. Fall Ergonomics: Practical and Extreme Approaches to Prevention and Training – Max Vercruyssen, PhD, MPH
 - C. The Lowe’s Project - Promoting Partnerships in Fall Prevention – Tanya Fusco Johnson, MDiv, PhD
 - D. Fall Prevention and Dementia – Chris Ridley, MSW
 - E. No Fear of Falling – Joanne Cinter
 - F. Community Caregiver Support Groups - Format and Process – Heidi Caglayan, PhD
 - G. Keeping it Together With All Those Medicines – Tom Lynch, RPh
- 4:15 to 4:30** **Closing Comments**
Eric Tash, MPH
- 4:40 to 6:00** **Pau Hana Reception**

REGISTRATION FORM

Name _____ Work Phone _____

Your name for Name Tag _____

Title _____ Home Phone _____

Agency/Organization _____

Address _____ FAX _____

City/State _____ Zip Code _____

Email _____

Check sessions you wish to attend:

CONCURRENT SESSION ONE (select one)

- A Exercise for Fall Prevention, Level II
- B Home Safety Monitoring: How Volunteers Help Seniors Prevent Falls
- C Don’t Hang on to Me
- D Nutrition Deficits Which Can Lead to Falls
- E What’s Good About Growing Old
- F After a Fall–Role of a Personal Response System to Assure Immediate Help
- G The Importance of Comprehensive Evaluation for People with Imbalance

CONCURRENT SESSION TWO (select one)

- A Don’t Fall for Anything
- B Fall Ergonomics: Practical and Extreme Approaches to Prevention & Training
- C The Lowe’s Project - Promoting Partnerships in Fall Prevention
- D Fall Prevention and Dementia
- E No Fear of Falling
- F Community Caregiver Support Groups- Format and Process
- G Keeping it Together with All Those Medicines

(Fees cover conference materials, entrance to keynotes and concurrent sessions)

PAYMENT METHOD: Amount enclosed (\$15.00 Students, Family Caregivers) (\$30.00 General Admission)

 Visa MasterCard

Card Number _____ Expiration Date _____

Signature _____

Make checks payable to: Kapi’olani Community College with memo to read: Fall Prevention Conference

Check/Money Order \$ _____

Purchase Order # _____ Attach copy with authorized signature

Mail this Registration Form to: Fall Prevention Conference
Kapi’olani Community College
Non-Credit Registration, ‘Ilima 106
4303 Diamond Head Road
Honolulu, HI 96816

For more information call 734-9138

If you have special needs due to disability, please contact 586-5940 by July 7, 2004.

CANCELLATION POLICY: Prior to July 7, 2004, there will be a \$10.00 processing charge for cancellation. After July 7, 2004, no refunds will be made. LATE REGISTRATION: After June 15, 2004, a \$10.00 late fee will be added to all registrations.